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PRESS RELEASE

HA NOI, 8 September 2026 – Viet Nam continues to make progress in developing and using comprehensive, reliable and timely statistical data to monitor labour migration, with the official release of the report, “In-depth Analysis Report of Costs Borne by Vietnamese Workers for Employment Abroad – Statistical Sustainable Development Goal Indicator 10.7.1.” The report was prepared by the National Statistics Office (NSO), drawing on data from the 2025 Labour Force Survey and the 2025 In-depth Survey of Migrant Workers¹ with technical support from the International Organization for Migration (IOM) for the survey and analysis, and funding from the European Union (EU) and the Government of Sweden.

The report’s findings were presented at a national workshop jointly convened by NSO and IOM in Ha Noi. The workshop brought together leaders and representatives from government ministries and agencies, United Nations agencies, development partners, academia and other relevant organizations to discuss the role of official labour migration statistics in informing policymaking, strengthening labour migration governance, protecting migrant workers and monitoring Viet Nam’s progress towards the Sustainable Development Goals (SDGs).

The report highlights several positive trends. The average amount paid by migrant workers to secure employment abroad decreased by 23.8 per cent, from VND 164.9 million (EUR 7,363) in 2021 to VND 125.7 million (EUR 5,612) in 2025. At the same time, average earnings during the first month of employment abroad increased by 25.4 per cent, from VND 22.4 million (EUR 1,000) to VND 28.1 million (EUR 1,254).

As a result, SDG Indicator 10.7.1, which measures the total costs borne by workers to obtain employment abroad as a proportion of their earnings during the first month of employment at destination, fell from 7.4 in 2021 to 4.5 in 2025. This means that the average cost of securing employment abroad was equivalent to approximately 4.5 months of earnings in 2025, compared with 7.4 months in 2021.

In addition to the overall findings, the report provides analysis by sex, area of residence, skill level, destination country and job-search channel, highlighting the diversity of characteristics and experiences among different groups of Vietnamese workers employed abroad.

The 2025 In-depth Survey of Migrant Workers also provides additional insights into specific aspects of the labour migration experience, including working conditions, access to support mechanisms, employment status upon return, the use of acquired skills, and intentions to re-migrate in the future. These findings shed further light on the factors shaping migrant workers’ experiences and provide evidence to support policy analysis.

Commenting on these important findings, Ms Nguyen Thi Huong, Director General of the National Statistics Office, emphasized: *“Statistical data provide a more comprehensive picture of Vietnamese workers employed abroad, their migration journeys and the factors influencing their migration decisions. In doing so, they provide evidence to support research and analysis, as well as the monitoring of development goals.”*

1. The In-depth Survey collected information from 3,596 overseas migrant workers across six provinces and centrally governed cities using a non-probability sampling method. The survey findings are not representative of all Vietnamese international migrant workers.



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"Migration is not only a labour issue, but also a development issue that requires cooperation across institutions, sectors and borders. Through a Team Europe approach, encompassing the EU and EU Member States, we are committed to working with Viet Nam and our partners to strengthen the evidence and institutional capacity needed for effective migration governance. By investing in people, knowledge and informed policymaking, we can help ensure that labour mobility supports sustainable development and creates lasting benefits for societies and economies", said by Mr Gonzalo Serrano De La Rosa, Deputy Head of Cooperation, Delegation of the European to Viet Nam.

Ms. Emelie Rennerfelt, Deputy Head of Mission, Sweden Embassy in Viet Nam emphasized: *"Reliable data is essential for understanding where progress is happening and where further action is needed. Behind every statistic is a worker making a life-changing decision about their future. As Viet Nam strives to reduce the costs of migrating for work and strengthen protections for its workers, we also see how decent working conditions and ethical recruitment practices across supply chains can reinforce these gains."*

"In a region where people move not only for economic opportunities but increasingly in response to climate pressures, responsible recruitment and fair labour standards are becoming even more critical. Sweden is proud to support Viet Nam and IOM in advancing evidence-based labour migration governance and promoting supply chains that respect the rights and benefits of workers, uphold decent working conditions, and contribute to sustainable development," she added.

Looking ahead, the report recommends continued efforts to strengthen the international labour migration data system, improve the continuity and comparability of data, and enhance the effective use of data in policy development and implementation. These efforts are important for advancing safe, orderly and regular migration and strengthening the protection of migrant workers' rights and legitimate interests.

↓ Download the full report at:



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